

# ROCK DENTAL MAGAZINE

Dentistry & Style & Culture

March 18, 2018

THE 101 ISSUE  
DISCOVER  
DERMAL  
FILLERS

New Trends in  
Lip Fillers...  
Things to know

STYLISH  
In daily life

2018

Find This Year's

hottest products by yourselves and our guide

# Things To Know Before Getting Lip Injections

BY KARAN JOLLY  
18th March 2018

## MENTALLY PREPARE YOURSELF

Decide what you want. Decide, what you don't like about your lips at the moment. Remember that less is more...on your first treatment, it is better to be underwhelmed by the results rather than have over-filled lips.

## RESEARCH THE TREATING CLINICIAN

Who is providing your treatment? Would you prefer a beauty therapist, a doctor, or a dentist carrying out your treatment? Each practitioner has benefits and disadvantages. How long does has the clinician been providing aesthetic treatments? What are their success rates? These are important questions to consider.

## COSTS

In the UK, Lip fillers cost anything between £300 to £500 dependant on the clinic you use.

## DIFFERENT FILLERS - GIVE DIFFERENT RESULTS

There are loads of products out there that give different intended results. Be prepared to discuss this with your treating clinician.

## HOW DO THEY FEEL?

If done correctly, lips with injections don't feel any different to unfilled lips. There maybe a few lumpy areas but these will even out over time. The treating clinician will massage these lumps at the time of injection to smooth them out.

## AFTERCARE

There will be swelling – this is normal. There maybe some bruising, again this is normal. Anti-inflammatories will help you. The swelling and bruising will go in a couple of days and it is then that you will see your real results.



## FILLERS AREN'T FOREVER (USUALLY)

Avoid permanent filler. These can have disastrous consequences. Be prepared to have repeat treatments annually. This means that if you love your initial results, take plenty of pictures as the result fades over time. As far as anything you can do to prolong the filler, there is not really much, as everybody metabolises differently.



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# The Importance Of Treating The Entire Face



**QUIZ!**

Can you spot which treatments Gollum has had????

Botulinum toxin injections to smooth his crows feet and forehead wrinkles.

Dermal fillers to smooth the nasolabial folds and his jowl lines.

Cheek fillers to improve definition and tone

A set of dental implants to restore missing teeth and improve his smile

And...

A little bit of photoshop!

I hope you agree, its made a huge difference.

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# Dermal Fillers in The Press

BY KARAN JOLLY  
18th March 2018



It seems like its the latest celebrity trend. Everyone wants bigger lips with more definition. Whichever magazine you look at has images of pouting women in it. Social media sites such as instagram seem to be filled with images of volumised lips. The Kardashians have have increased the popularity of dermal filler treatments, and openly talk about them.

Its now a normal everyday treatment which was previously limited to the rich and famous. Here at the Rock House Dental Practice, we have many requests for lip treatments and achieve outstanding results.



However, the fact that that dermal fillers have become commonplace, and that they are so heavily promoted in the press, is not necessarily a good thing. The products are not yet classified as medical devices, and can legally and legitimately be provided by non-medically qualified practitioners. Many of these practitioners provide an excellent service, however, my fear is that as will all medical treatments, problems can occur. It is for this reason, that we recommend that all dermal fillers treatments are provided by fully qualified and registered medical professionals.



Choose your practitioner carefully is my advice. Don't believe all the marketing hype. If the unexpected happens, you must be able to trust your doctor, dentist or therapist, and feel confident that he or she can deal with the problem effectively.

The situation is due to change and recently a motion was approved to register all dermal fillers as medical devices, which will mean that the products are regulated in a tighter manner and that they can only be administered by qualified healthcare professionals.

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